



School of Health Professions



Seize the chance and connect!

International Winter School

8 January -
2 February 2018

Winterthur,
Switzerland

Challenges in Interprofessional Health and Social Care

Aims and topics

We want to bring together Swiss and international students to learn about interprofessional cooperation in health and social care. Together, students of health care and social work will gain new competences in dealing with complex and challenging interprofessional situations and learn how to efficiently cooperate with each other.

Target group

All future Healthcare and Social Work Professionals studying in a Bachelor or Master program at ZHAW or at a partner institution of the ZHAW Schools of Health Professions or Social Work. Some practical experience is required, at least 2nd year of study, for example in Occupational Therapy, Physiotherapy, Midwifery, Nursing, or Social Work.

Courses and timeframe

There are six different one-week courses students can choose from. Participants can choose **one course per week**. A stay of one week up to four weeks is possible (choosing one up to four different courses).

Credits: 2 ECTS per course after successful assessment

Please note:

- Courses 1, 2 and 3 are in German only.
- Courses 4, 5 and 6 are in English only.
- Course 6 in week 2 is only for Occupational Therapy students.
- Ideal for Social Work students are courses 4, 5 and 6.

Course	week 1 8-12 Jan	week 2 15-19 Jan	week 3 22-26 Jan	week 4 29 Jan-2 Feb
1. Counseling	German			German
2. Crisis and Coping		German	German	German
3. Interprofessional Collaboration	German		German	
4. Diversity in Health Professions		English		
5. Study Visits to Swiss Health and Social Care Institutions	English		English	
6. Boost Your Professional Identity and its Visibility		English (only OT*)		English

If not stated otherwise, all courses are open to all professions and all partner schools.

*OT – Occupational Therapy

Detailed description of courses

1. Counseling

We will introduce different concepts of counseling. Students' competence in using client-centered communication will be developed and the active use of the different phases of the counseling process will be trained in small groups.

2. Crisis and Coping

There are different types of crises and coping strategies. We will talk about stress, burnout, crisis, and trauma as well as coping from a psychological, sociological and neurobiological perspective. Students will reflect their own coping strategies and behavior and learn how to support patients in acute crisis situations.

3. Interprofessional Collaboration

Each health profession has its own philosophy and paradigms, and there are different models of multi-, inter- and trans-professional collaboration. Most importantly, the value of interprofessional collaboration but also the stumbling blocks will be discussed. Students will get first-hand insight into interprofessional team-work through visits to selected institutions.

4. Diversity in Health Professions

We will discuss concepts of diversity, intercultural communication and how we relate to other people. Students will develop their competence in dealing with culturally diverse people at work and develop skills to interact with people of different background more effectively.

5. Study Visits to Swiss Health and Social Care Institutions

During this course we will visit different institutions where health care and social work professionals work together. Together we will learn about and reflect on the challenges of their daily interprofessional work. Presentations of each participating country's health and social care system broaden the perspective beyond students' own health and social care system.

6. Boost Your Professional Identity and its Visibility

Professional identity is an important criterion for professional development. In this course, you will have the opportunity to strengthen your professional identity and to increase your understanding of the various roles of your own profession in contrast to those of other health professions. Furthermore, you will gain practical skills for making your profession visible and promoting it to the public. An important part of the course will be to learn and exchange about your own and other health professions with your peers living within and outside Europe.

Detailed study guides of all courses will be available in autumn at www.zhaw.ch/health/winterschool.

Organisational information

Application

Participants will be nominated by their university.

Please contact your local international coordinator. After nomination, students need to register at: www.zhaw.ch/health/winterschool/registration. Registration opens 1 July and closes 15 October 2017.

Costs and accommodation

Course: € 50 per 1-week-course Included: transportation to institutional visits, social program

Extra costs:

- Couch surfing: € 50 per 1-week-course
- Youth Hostel Winterthur:
€ 30 per night (www.depot195.ch)
- Meals: approx. € 15 – 20 per day
- Transportation to airport: € 15 return

Social program

Monday: Welcome Reception

Tuesday: International Dinner - bring your countries' specialities!

Weekend: Organisation of skiing trips upon request

Availability of places

The courses have limited capacity for international students, so we recommend you to contact your local international coordinator as early as possible.

Location

The courses will be carried out at ZHAW School of Health Professions, Winterthur, Switzerland. Winterthur is a very pretty, small town near Zurich. The cities of Zurich, Berne and Lucerne as well as the Swiss mountains with its skiing resorts are easily reachable by public transport.

Contact

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